THEME:

My Community



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Greetings Parents, Guardians, and Students,

Welcome to Blue Ribbon Results Academy, where we nurture children and develop minds one brain at a time! On behalf of the Board of Directors and the Administrative Team, we warmly welcome you to the Brain-Base Family!

Did you know that your child is attending a preschool with a Virginia Department of Education approved and highly rated curriculum? Thanks to our highly certified teachers delivering this curriculum, our children move on to grade school well prepared. As your child's first teacher, you can help your child exceed expectations or reach their maximum potential by:

- Ensuring your child is in school and ready to learn by 8:50 a.m. daily. When children are late, they often feel frustrated because their routine is disrupted.
- Making sure your child gets enough sleep. The recommended amounts of sleep are:
- Age 2: 11-12 hours, not including daytime nap
- Age 3: 10-12 hours, not including daytime nap
- Establishing a daily routine between after school and bedtime.

Thank you for your cooperation and dedication to your child's education.

Mon - Sat Select your child's favorite book and read with your child Ages: 2 - 3 (10 minutes) 4 - 5 (15 minutes) Ask, why did you select this book?	How old are you? Can you count to that number? If you are 4, make four tally marks and write the number 4.	Show & Tell Bring in an object that is special to you. Describe it using one of your five senses.	Concepts of Books Ask your child to identify the spine and then touch the spine on their back.	Social Studies Ask your child to share the 5 class rules posted in their classroom.	Fun Friday You have five organs that help you experience your five senses: eyes, ears, tongue, skin, and nose.	Read with your child for 10 minutes. Which organ do you use the most to experience the book: your eyes, ears, tongue, skin, or nose?
Mon - Sat Select a book and read with your child Ages: 2 - 3 (10 min) 4 -5 (15 min) Ask which character is most like them. Or, who is your favorite character?	Math According to our class calendar, what is the name of the first day you returned to school? If you are 3 or 4, tell your parents the name of the day that comes after Monday.	Show & Tell Bring in an item that represents your favorite color and or shape. Name the item and tell what it is used for.	Concepts of Books Ask your child to point to the spine of a book. Ask, where is your spine?	Social Studies Ask your child to share the 3 ways to share in school. Take turns Invite Exchange (TIE)	Fun Friday STEM Build a structure with shapes, blocks or objects that represents where you live. Be ready to describe how you built your house or apartment.	Read with your child for 10 minutes. Ask the child to tell you one thing they remember happened in the story.
Mon - Sat Select a book and read with your child Ages: 2 - 3 (10 minutes) 4 -5 (15 minutes) What is their favorite part of the book?	Nursery Rhyme Mary Had a Little Lamb During the month of September we will learn to recite and sing the nursery rhyme, learn about rhyming words, a lamb, and following school rules,		Recognize Your Name Place your child's name around the house and ask them to find their name.	Focus Numbers Identify and Count: Prek 2 - (1 - 3) Prek 3 - (1 - 5) Prek 4 - (1 - 10)	Colors Identify objects that turn yellow and red in the fall.	Sight Words Prek 4 a, little, to, go, it, one, the, and, play, see, at Help your little ones to know these words.

